

Curriculum for: **Home & Careers**

GRADES 7 AND 8

PURPOSE AND CONTENT:

Home and Career skills program at the middle school empowers students to manage the challenges of living and working in a diverse, global society. The course is designed to educate adolescents about their present and future responsibilities as family members, consumers, home managers, and wage earners. Through active participation and hands-on learning, students develop a better understanding of themselves and their world. All seventh and eighth grade students are required to receive Home and Career skills instruction. This course meets everyday for one quarter.

SEVENTH GRADE:

Process Skills

- Decision Making strategies
- Problem Solving techniques
- Independent Living Skills

Personal Development

- Self Image
- Values Exploration Family
- Relationship Issues
- Communication Process
- Conflict Resolution

Nutrition Management

- Diet and Health
- Eating Patterns

Seventh Grade Objectives:

- Promote optimal growth and development of self, family members and others across the life span
- Analyze how the well being of individuals and society is dependent on the family
- Evaluate nutritional and wellness practices to promote individual and family well being across the life span

EIGHTH GRADE

Career Planning

- Introduction to Work
- Career Goal Setting
- Career Exploration

Consumerism

- Rights and Responsibilities
- Product Comparison
- Advertising Impact
- Consumer Behavior
- Money Management
- Spending Habits
- Budgeting

Eighth Grade Objectives

- Integrate multiple life roles to enable individuals to connect family, career and community responsibilities
- Demonstrate respectful and caring relationships in the family, workplace and community