



# JANUARY 2024

## Colonie Central High School

Free Meals for all students  
Milk for home lunch is \$0.75.  
1% white milk, Fat free white and chocolate milk  
served daily.

Monday

Tuesday

Wednesday

Thursday

Friday

*Happy  
New Year*

NO SCHOOL

Cheeseburger  
on a WW bun  
Oven Baked Fries  
Baked Beans  
Pears, Milk

French Toast w/ syrup  
Turkey Sausage  
Tater Tots  
Sliced Carrots  
Applesauce  
Milk

Wild Mike Cheese Bites  
w/ Tomato Dipping Sauce  
Garlic Breadstick  
Roasted Broccoli  
Peaches, Milk

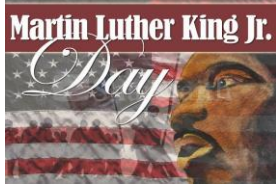
Chicken Patty on a WW Bun  
Potato Smiles  
Sliced Carrots  
Fresh Apple  
Milk

Uncle Rico's Fresh Pizza  
Peas  
Baby Carrots & Dip  
Fresh orange wedges  
Milk

Chicken Tenders  
Baked Sweet Potato Fries  
Green Beans  
WW Dinner Roll  
Applesauce  
Milk

All Beef Hot Dog  
on a WW Roll  
Baked Beans  
Corn Niblets  
Peaches, Milk

Cheese Filled Breadstick  
W/ Tomato Dipping Sauce  
Garden Salad w/ dressing  
Peas  
Pears, Milk



Uncle Rico's Fresh Pizza  
Green Beans  
Sliced peppers & Dip  
Fresh orange wedges  
Milk

Popcorn Chicken  
Mashed Potato & Gravy  
Corn Niblets  
WW Dinner Roll  
Mixed Fruit, Milk

Mozzarella Sticks  
w/ tomato Dipping Sauce  
Roasted Broccoli  
Garlic Breadstick  
Apple Slices, Milk

Chicken Quesdilla  
Salsa, Sour Cream  
Corn, Black beans  
Peaches  
Milk

NO LUNCH

NO LUNCH

NO LUNCH

NO LUNCH

NO LUNCH

Sweet & Sour Chicken  
Stir Fried Rice  
Broccoli  
Applesauce  
Milk

Uncle Rico's Fresh Pizza  
Corn  
Baby Carrots & Dip  
Peaches  
Milk

Crispy Fish Sticks  
Macaroni & Cheese  
Peas  
Sliced Cucumbers & Dip  
Fresh Apple, Milk

Assorted Wraps, Sandwiches, Garden Salad and Grab & Go Hummus Meal – Served w/ a fresh vegetable cup  
MENU SUBJECT TO CHANGE WITHOUT NOTICE