

JANUARY 2024

Colonie Central High School

Free Meals for all students
Milk for home lunch is \$0.75.
1% white milk, Fat free white and chocolate milk
served daily.

Monday
Tuesday
Wednesday
Thursday
Friday
1

Happy New Year!!!

2

No School

3

Assorted Muffins
Chilled Fruit
Assorted Fruit Juices
Milk

4

Cini Mini
Chilled Fruit
Milk

5

Mini Waffles & syrup
Chilled Fruit
Assorted Fruit Juices
Milk

8

Assorted Muffins
Chilled Fruit
Assorted Fruit Juices
Milk

9

French Toast Bites
Chilled Fruit
Milk

10

Sausage, Egg, & Cheese OR
Egg & Cheese
Breakfast Sandwich
Assorted Fruit Juice
Milk

11

Fruit & Yogurt Parfait
Granola
Chilled Fruit
Milk

12

Apple or Cherry Frudel
Assorted Fruit Juices
Milk

15

Martin Luther King Jr
Day

16

Assorted Muffins
Chilled Fruit
Assorted Fruit Juices
Milk

17

Sausage, Egg, & Cheese OR
Egg & Cheese
Breakfast Sandwich
Assorted Fruit Juice
Milk

18

Fruit & Yogurt Parfait
Granola
Chilled Fruit
Milk

19

WG Donut
Chilled Fruit
Milk

22

No breakfast

23

No breakfast

24

No breakfast

25

No breakfast

26

No breakfast

29

Assorted Muffins
Chilled Fruit
Assorted Fruit Juices
Milk

30

Mini Waffles & syrup
Chilled Fruit
Milk

31

Sausage, Egg, & Cheese OR
Egg & Cheese
Breakfast Sandwich
Assorted Fruit Juice
Milk

Assorted Cereal, Bagels & Cream Cheese and Yogurt available daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE