

JANUARY 2024

South Colonie Elementary School

Free Meals for all students
Milk for home lunch is \$0.75.
1% white milk, Fat free white and chocolate milk served daily.

Wednesday Monday Thursday Friday **Tuesday** Cheeseburger French Toast w/ syrup / Wild Mike Cheese Bites on a WW bun Turkey Sausage w/ Tomato Dipping Sauce NO SCHOOL Oven Baked Fries Tater Tots Garlic Breadstick **Baked Beans** Sliced Carrots Roasted Broccoli Applesauce Pears, Milk Peaches, Milk Milk Chicken Tenders 11 Baked Sweet Potato Fries Turkey Hot Dog Cheese Filled Breadstick Chicken Patty on a WW Bun Uncle Rico's Fresh Pizza on a WW Roll Green Beans W/ Tomato Dipping Sauce **Potato Smiles** Peas Baby Carrots & Dip WW Dinner Roll **Baked Beans** Garden Salad w/ dressing Sliced Carrots Fresh orange wedges Applesauce Corn Niblets Peas Fresh Apple Pears, Milk Milk Milk Milk Peaches, Milk Uncle Rico's Fresh Pizza6 Popcorn Chicken 17 Mozzarella Sticks 18 15 Chicken Fajita fartin Luther King Green Beans Mashed Potato & Gravy w/ tomato Dipping Sauce Salsa, Cheese, Sour Cream Sliced peppers & Dip Corn Niblets Roasted Broccoli Corn, Black beans Fresh orange wedges WW Dinner Roll Garlic Breadstick Peaches Milk Mixed Fruit, Milk Apple Slices, Milk Milk 22 Mini Waffles 24 Tomato Soup 26 Toasted Cheese Sandwich Uncle Rico's Fresh Pizza Pizza Crunchers Hamburger on a WW Bun Turkey Sausage Mozzarella String Cheese Oven Baked Fries Sliced Carrots w/ Tomato Dipping Sauce **Tater Tots** Sliced Cucumbers & Dip Fresh apple **BBQ** Baked Beans Baby Carrots & Dip Broccoli Mixed Fruit, Milk Pears Milk Applesauce, Milk Apple Slices, Milk Milk Orange Chicken 29 Uncle Rico's Fresh Pizza Crispy Fish Sticks 31 Corn Fluffy Rice Macaroni & Cheese Baby Carrots & Dip Broccoli Peas Peaches **Applesauce** Sliced Cucumbers & Dip Milk Milk Fresh Apple, Milk

Monday: Hummus, Cheese stick, Pretzel, carrot sticks

Tuesday: Turkey Munchable: Turkey Stick, Mozzarella Stick, Goldfish Crackers
Wednesday: Pizza Munchable: Flatbread quarters, Tomato Sauce, Shredded Mozzarella
Thursday: Nacho munchable: Tortilla chips, salsa, shredded cheddar
Friday: Yogurt Munchable: Yogurt, Mozzarella Stick, Graham Crackers