

NOVEMBER 2023

SOUTH COLONIE MIDDLE SCHOOLS

Full Breakfast: \$2.25
 Reduced breakfast: \$0.00
 Milk: \$0.75

Monday

Tuesday

Wednesday

Thursday

Friday



Bagel w/ Cream Cheese **6**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **7**
 Juice, Milk
 OR
 French Toast Sticks
 Fruit, Milk

Bagel w/ Cream Cheese **1**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel & Cream cheese **2**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Bagel w/ Cream Cheese **5**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **13**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **14**
 Juice, Milk
 OR
 Apple or Cherry
 Frudel Sticks
 Fruit, Milk

Bagel w/ Cream Cheese **8**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel & Cream cheese **9**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

No School **10**

Bagel w/ Cream Cheese **15**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel & Cream cheese **16**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Bagel w/ Cream Cheese **17**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **20**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **21**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

No School **22**

No School **23**

No School **24**

Bagel w/ Cream Cheese **27**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **28**
 Juice, Milk
 OR
 French Toast Sticks
 Fruit, Milk

Bagel w/ Cream Cheese **29**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel & Cream cheese **30**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

