

**Peer/Student Self-Referral Form (Elementary/Middle School)  
For Social Work Services**

Dear Mrs. \_\_\_\_\_,

My name is \_\_\_\_\_. I am in grade \_\_\_\_\_.

My teacher is \_\_\_\_\_. My classroom number is \_\_\_\_\_.

I need to talk to you about:

- Personal safety (homelessness, abuse, self-harm)
- The death of a person or a pet I love
- A friend I am worried about
- My angry feelings
- How to get along better with friends/peers
- How to get along better with adults (parents/teachers)
- How others are treating me
- Feeling better about myself
- My grades and schoolwork
- Something else

Other comments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

I'd like to talk to you:

\_\_\_\_\_ **Urgent – today!**      \_\_\_\_\_ As soon as possible