

INTRODUCTION

Greetings. Thank you for taking the time to pick up, "It Can't Happen to Me ... the Rest of the Story from a Victim's Perspective." This publication was born out of heartache and pain, but also love and compassion. The families that have chosen to share their loved ones' lives and stories with each of you did so in the hope that after reading each story, you would make safer decisions when it comes to drinking and driving or driving under the influence of other substances, both legal and illegal.

The five stories you are about to read are just the tip of the iceberg when it comes to the senseless tragedies created by selfish and risky behaviors which are completely preventable. Unfortunately, the number of stories continues to grow on a daily basis, which is why we ask that each of you open your heart and mind before you begin to read. We hope you will understand at the conclusion just how important your individual decision to do the right thing is, especially to those who love you so dearly.

We as a community will never forget those whose stories have been profiled or the countless others who haven't been profiled, but have lost their lives due to others' wanton disregard for the law and disrespect for the lives of their fellow man.

Please do not hesitate to avail yourself of the list of resources found at the back of the publication. They are numerous and worth their weight in gold; they offer assistance and someone to walk with you through a variety of difficulties at a time when you should not be alone. In order for us to collectively change the brutal realities addressed herein, we all must walk and work together or the tragedies will continue with only the names and dates changing.

In closing, I hope you keep this publication in a safe location, ready for use if needed. I offer our telephone number, 518-720-8100, and our promise that we are here to help you with prevention education programs, training efforts, victim advocacy, etc. Perhaps most importantly, we are here to listen to you and help you to the best of our abilities.

Respectfully,

Leonard J. Crouch
Administrator, Albany County STOP-DWI Program

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Trying to cope with the loss of a child

Breen family loses son, Anson, to a drunk driver at age 20

Anson Breen was just 20 years old when he was killed by a drunk driver on February 26, 2006. It was a day his family will never forget.

"All I feel is anger," said Anson's father, Dan Breen. "I've never lived with anger before, but now I do, and I see no end in sight. It was such a senseless and avoidable tragedy that has changed my life forever. It is beyond my comprehension."

"I lost my son, and I cry alone. I try to stay strong for my family, but it's all a mask — a mask covered with anger. It's a part of my everyday life now and I will never be the same."

His mother, Darlene Breen, shares her husband's sentiment.

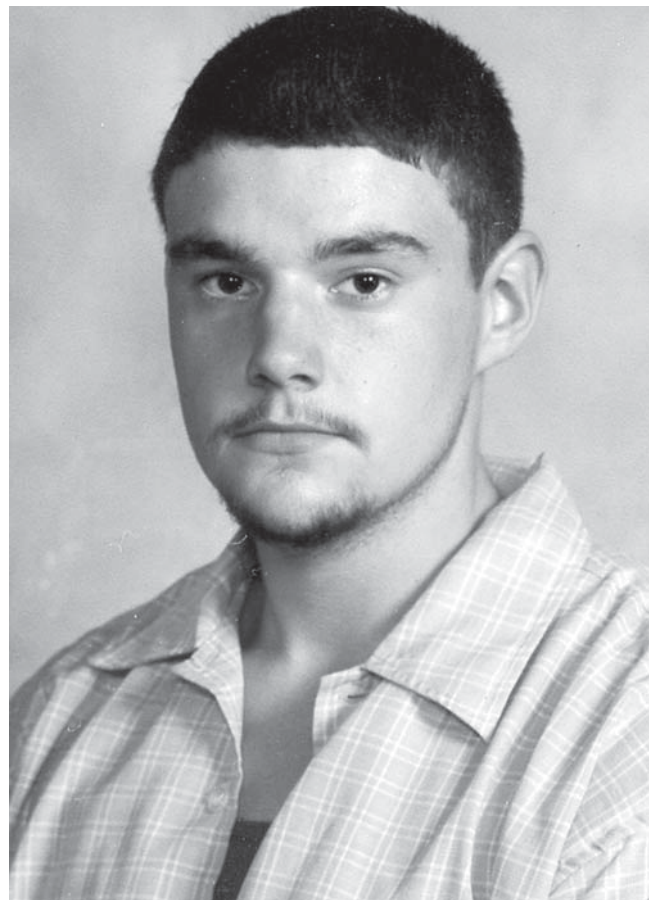
"How can I begin to put into words the devastation I feel?" she explained.

"Anson was not the only one who died that morning, a part of me died along with him, and that part of me I can



"I LOST MY SON, AND I CRY ALONE. I TRY TO STAY STRONG FOR MY FAMILY, BUT IT'S A MASK — A MASK COVERED WITH ANGER."

Dan Breen, who lost his son to a drunk driver



20-year-old Anson Breen was killed by a drunk driver on February 26, 2006. His family tries in vain to live with the anguish of losing a son at such a young age.

never get back. I will now spend the rest of my life trying to learn and understand the person I have become as a result of this avoidable tragedy."

The life of the family of Anson Breen changed forever in one instance the day he decided to get in the car with a drunk driver. That driver got behind the wheel intoxicated and Anson suffered

“ANSON WAS SUCH A BIG PART OF MY LIFE AND SUCH A PROTECTIVE OLDER BROTHER. HE WAS ALWAYS THERE FOR ME. IT’S HARD TO GO TO BED AT NIGHT KNOWING HE WON’T BE COMING HOME.”

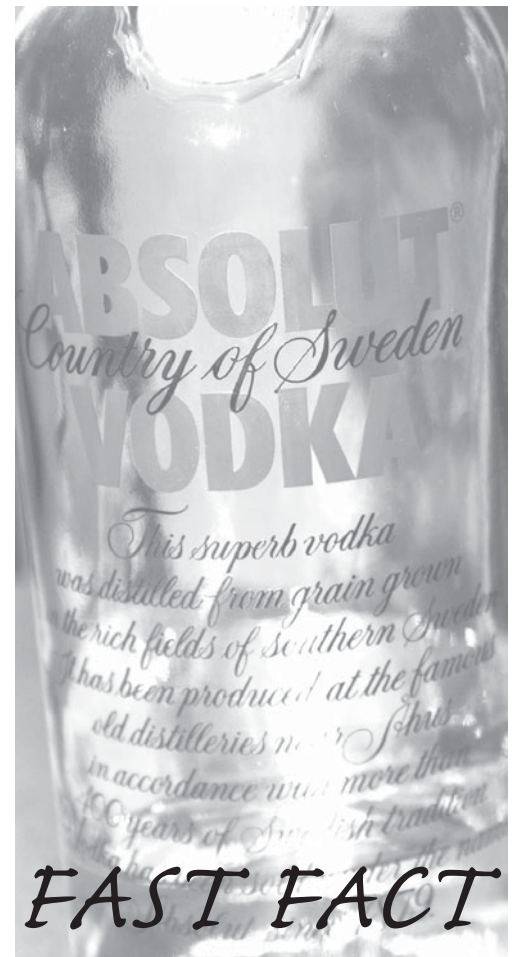
Chelsea Breen lost her big brother to a drunk driver

the ultimate penalty. By his actions, the driver not only took a young life but he destroyed his life as well, as he went to prison.

“But the difference is, Anson’s family will never be complete again,” Darlene Breen explained. “After the driver serves his time, his family will be whole. He will be free to get married, have children and resume his life. But thanks to an irresponsible decision, I will never have the opportunity to see my son get married. I will never see him father his own children. Our son will never reach or accomplish the milestones that he will.”

Anson’s sister,Chelsea, still has difficulty putting her feelings into words. Losing her big brother still hurts and the pain never goes away.

“Anson was such a big part of my life and such a protective older brother,”Chelsea said. “He was the type of person who would take the shirt off his back for you without any questions. He would have an ear to listen to anything you had to say. He was always there for me. It’s hard to go to bed at night knowing he won’t be coming home. There will always be that emptiness in my heart.” ■



FAST FACT

14 MILLION
AMERICANS

ABUSE

ALCOHOL ...

HALF OF

THOSE ARE

AGES

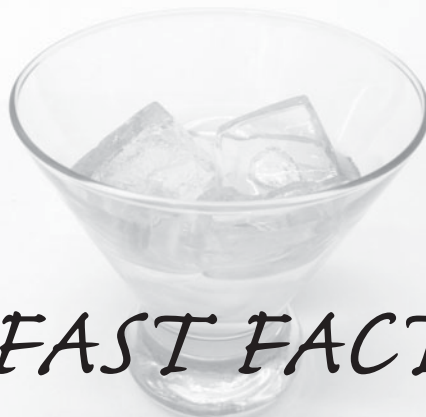
18-29. MALE

ABUSERS

OUTNUMBER

FEMALES 2-1

80 YOUNG
PEOPLE A
DAY DIE IN
ALCOHOL-
RELATED
CRASHES



FAST FACT

Kerry, 21, UAlbany Alumnus



"My **SOPHOMORE YEAR** in college, before I was 21, I went to the hospital one night. I started drinking around **10 A.M.**, so it was my fault. I started **THROWING UP** and couldn't keep anything down. I was throwing up for hours. I was celebrating **FOUNTAIN DAY**, but I never made it to the fountains."



46-year-old Kathleen Eitleman, a mother and grandmother, was killed by a drunk driver on November 5, 2005. Her son, Don, is devastated by her loss.

'A beautiful, vibrant woman with so much to live for'

A son loses his mother

When a son loses his mother to a drunk driving accident, how can he possibly convey his feelings?

That's what Don had to come to grips with when his mother, Kathleen Eitleman, was killed by a drunk driver on November 5, 2005.

"So what can I tell you?" Don asked. "Should I tell you

about waking up confused and scared, mind racing, unable to fall back asleep in the middle of the night? Should I try to describe what Christmas morning felt like without her? How I ate turkey on a Thursday we call Thanksgiving? Should I try to explain why butterflies and beautiful sunny days make me randomly cry?"

Kathleen Eitleman was killed by the man she loved, a man who made the fatal decision to get behind the wheel after he had been drinking and put fate in his hands. Today he is in prison trying to live with the guilt of that fatal decision and the turmoil he put so many loved ones through including himself.

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from a victim's perspective

AFTER HIS MOTHER'S DEATH, DON SOLD HIS HOUSE, AND BOUGHT A NEW HOME JUST TWO-TENTHS OF A MILE FROM THE CEMETERY SO HE COULD BE HER NEIGHBOR AGAIN.

After his mother's death, Don sold his house, and bought a new home just two-tenths of a mile from the cemetery where his mom is buried, just so he could be her neighbor again. There, he could talk to her anytime and pour his heart out to her just like he used to in her kitchen so many times before. It was his mother's opinion that Don valued the most.

"How can I possibly help you to understand how it's there every-day, always, a feeling beneath the surface that everything's not OK, and never can be fully again," Don explained. "The feeling in my gut, when for a split second, I acknowledge that this is real and I can't see her again for the rest of my life."

"I could try, but would surely be unsuccessful, explaining what it feels like when reality visits, your loss, your nagging void, and you realize what it feels like to really miss a person," Don continued. "But it's not just a person, it's my mother."

"My mother. This is the woman who read to me as a boy, and who hugged me and kissed me good night, every night until I moved out as a man. This is the woman who baked cookies for school, and made my Halloween costumes. This is the woman who insisted that I sit on Santa's lap for a picture every Christmas, and the woman who made me feel special, differently than anyone else, doing the little things most people never bother to think about."

Kathleen, just 46 when she died, was a career postal carrier, who walked packages from her car to the front doors of senior citizens even though the Post Office did not require it or encourage it. She took the time to listen and make everyone feel important.

As a mother, she taught Don everything important in life, most importantly, how to be a good, caring human being. She taught him that people are more important than money. Kathleen was the same woman who scraped and saved to send Don to Montana for his 21st birthday because it was important to her.



FAST FACT

**SOMEONE IS
INJURED EVERY
2 MINUTES AND
DIES EVERY 30
MINUTES DUE TO
ALCOHOL-
RELATED-
INCIDENCES**

"My mother was special and amazing ... so good and so loving," Don said. "I never met a person who had life figured out so well. She loved her sons, and the granddaughter she adored and spoiled."

"She is loved and missed more than any words can justly tell. She was beautiful, vibrant, with so much to live for. Sadly, we'll all have to live with just memories until God reunites her with us. I, for one, am planning to hug her and not let go for my entire first day in Heaven." ■



Stacey Teidman died on March 23, 2006, at the hands of a drunk driver fleeing police to escape his third DWI arrest.

Sisters no more

Dealing with the loss of a sibling and a best friend

A drunk driver sealed the fate of Stacey Teidman when he decided to flee police to escape his third DWI arrest. The driver lived, but the crash killed Stacey, a passenger, sending her family into a state of despair from which they will never recover.

"This horrible tragedy was NO accident," said Stacey's sister, Lisa Carpenter. "This was NOT God's fate and it was NOT my sister's turn to go. You, Mr. drunk

"THIS HORRIBLE TRAGEDY WAS NO ACCIDENT. IT WAS NOT GOD'S FATE AND IT WAS NOT MY SISTER'S TURN TO GO."

Lisa Carpenter, on the loss of her sister, Stacey Teidman, to a drunk driver

driver, played God on the evening of March 23, 2006. You pushed my sister to the front of the line and decided her fate for her. It was a stupid, selfish act."

A drunk driver robbed Stacey of many things. She will never see her only son get married. She will never have a chance to hold her grandchildren. She will never grow old with her husband. She will never live life to the fullest.

"I pray every night for my sister, Stacey, in hopes that she has found peace and that God is taking care of her," Carpenter added. "I pray for my family that we will someday be able to continue our lives without the constant thoughts and nightmares of the horror of what my sister went through the last 12 minutes of her life."

The week that she died, Stacey called her sister like she always did. This time, it was to tell her sister how she colored her hair. Stacey wasn't sure if she would like the color or not. But in the end, it didn't matter.

"I told her not to worry that it would wash out in a couple of weeks," Carpenter said. "Little did any of us know that she didn't have a couple of weeks left."

The two sisters were planning a third cruise together to Hawaii, but that cruise will never happen. Nor will the weekly telephone calls, the private conversations and the closeness they shared.

"It would be selfish of me to say I miss Stacey the most," Carpenter explained. "Stacey was loved by a lot of people, not to mention her family. But, what that drunk driver took from me was not only my sister, he took my best friend, my childhood protector, and the one person that I could tell anything to." ■

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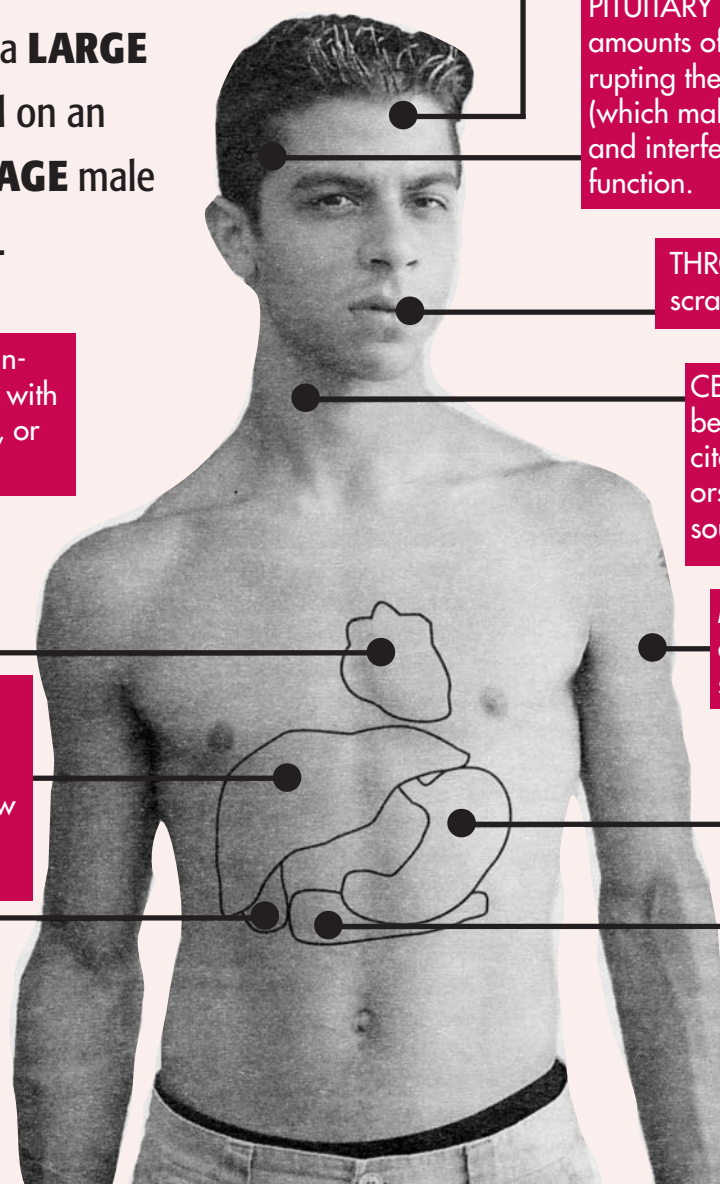
from a victim's **perspective**

WHAT'S YOUR BODY TELLING YOU?

Anatomy of a hangover

A **HEAVY BOUT** of drinking affects nearly **EVERY** system of the body for up to 24 **HOURS**. This diagram demonstrates how the body reacts to a **LARGE** dose of alcohol on an average **TEENAGE** male or young adult.

Sources: *Alcohol Hangover: Mechanisms and Mediators*, by Dr. Robert Swift and Dena Davidson; *Alcohol Health and Research World*, Vol. 22 No. 1, 1998; Dr. Fred Fretage, *National Headache Foundation*, KRT. Drawing courtesy of the Albany Times Union.



BRAIN's blood vessels dilate, causing a throbbing headache. Dehydration can cause the brain to pull from its lining, intensifying the pain.

PITUITARY GLAND releases improper amounts of several hormones, disrupting the brain's circadian rhythm (which makes sleep feel less restful) and interfering with normal kidney function.

THROAT & MOUTH feel dry and scratchy due to dehydration.

HEART can become inflamed, start beating with an abnormal rhythm, or even stop beating.

CENTRAL NERVOUS SYSTEM becomes chemically overexcited, causing sweating, tremors and sensitivity to light, sound and touch.

LIVER builds up fatty acids, impairing body's ability to metabolize sugar. Low blood sugar causes weakness and mood swings.

MUSCLES become weak from dehydration and low blood sugar levels.

STOMACH lining become inflamed, delaying digestion; excess gastric acid contributes to nausea.

KIDNEYS fail to reabsorb water, causing increased urination and dehydration.

PANCREAS increases production of digestive chemicals, causing pain, nausea and vomiting.

Parents have only son taken from them ...

On June 17, 2003, Sam and Jan Messina's lives changed forever.

That's the day their oldest child and their only son — Matthew Messina — was killed by a hit and run drunk driver in Chico, California. He was 25 years old.

"As parents, we suffered the worst possible nightmare, except it was real," said the Messinas. "We are not the same people we were on June 16, 2003, and we can never go back to being those people for the rest of our lives. Our future was robbed of our only son, and all the potential his life offered. No amount of grieving or time will fully heal the wound that a drunk driver inflicted on us and our family."

Matt was born and raised in Bethlehem, New York, outside of Albany. He had moved to California six

months before his death to complete his college education at Chico State College.

He could not afford a car. So, like many college age young adults in town, he used his bicycle for transportation.

Matt was riding in a 25-mph speed zone when a drunk driver hit him and left him to die on the pavement. The car knocked Matt 80 feet in the air. The driver, a 31-year-old woman with three children, stopped the car to see what she had done, panicked and left the scene.

She hid out for a year before she was finally arrested. She admitted drinking vodka and beer that day, and returning home from a 10:30 p.m. "beer run" when she hit and killed Matthew. The

"AS PARENTS, WE SUFFERED THE WORSE POSSIBLE NIGHTMARE, EXCEPT IT WAS TRUE. WE ARE NOT THE SAME PEOPLE WE WERE ON JUNE 16, 2003, AND WE CAN NEVER GO BACK TO BEING THOSE PEOPLE FOR THE REST OF OUR LIVES."


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Sam and Jan Messina, whose son, Matthew, was killed by a drunk driver at age 25



25-year-old college student Matthew Messina was thrown 80 feet and died after being struck by a drunk driver.

from a victim's perspective



FAST FACT

**AS MANY AS
360,000 OF
CURRENT COLLEGE
STUDENTS WILL
EVENTUALLY DIE OF
ALCOHOL-RELATED
CAUSES**

driver served less than two years in prison for Matt's death and was released in February 2006.

"We will never know what Matt would have contributed to society, and we will always feel the loss of our son," the Messinas said. "Family occasions, holidays and other celebrations, instead of being totally joyous will be bittersweet because we will always miss Matt's presence."

Matt had potential for greatness. Before his death, he attended military school at Norwich University in Vermont for three years. He joined the U.S. Marines as a Reservist, and held a variety of jobs such as short order cook, warehouse employee and sales of various products and services.

But the position he held last before leaving for California was a day care center teacher. While working at the day care center, Matt became the primary aide for a 3-year-old boy with Cerebral Palsy. The boy could not speak, walk or feed himself. Matt and little Justin became inseparable.

"This work was Matt's calling," his parents explained. "We know he loved his work, and would have connected it to the degree he planned to obtain at Chico State.

Matt was a young man who had much more real life experience than the average person his age who followed the more traditional path of high school, college, degree and job. The experience Matt gained while holding a variety of jobs, his Marine duty, and the experience in day care centers, especially with Justin, all contributed to molding him into a compassionate man.

He had a plan to serve people in his future. But that future never came.

"As his parents, we saw him grow from a somewhat self-centered, immature, rebellious teen, into a caring, gentle and focused young man he was on the night of June 17, 2003," the Messinas said.

Matt's two sisters, Tracy and Valerie, have suffered as well. As young women in their 20s, they will have to spend the rest of their lives without their big brother.

"This is an immeasurable loss emotionally, since both girls relied on Matt for his advice and support," said the parents. "Who do they go to now? They had a relationship that cannot be replaced by any other person. We are all at a loss forever." ■



Jose, 21, Albany bartender

"I joined the **ARMY RESERVE** when I was 17 years old. But I **WASN'T ALLOWED** to drink until I was 21. It takes more **RESPONSIBILITY** to drink a beer than carry a loaded weapon."

Loving father & husband is killed by drunk driver



Gary Lehmann leaves behind a wife and three young children

Six months after Gary Lehmann was killed by a drunk driver at age 47, his wife, Bruch was still waiting for him to come home. “I never understood what it meant to miss someone until Gary died,” Bruch explained. “Every minute of every day, I was on edge. Nothing felt normal. I felt scared every night in my own house.”

“I talked to Gary everyday but after a while, one-way conversations were hollow,” she added. “The loss of Gary appeared in every aspect of my life. He didn’t sit at the other end of the table anymore. He didn’t attend parent-teacher conferences, he didn’t fall asleep reading a book about Lincoln, and he didn’t mow the lawn. He didn’t celebrate our birthdays, he didn’t complain about work and the quality of our coffee anymore. He just wasn’t here and he’s not here forever.”

Gary, a father of three young children, Christopher, 9, David, 5, and Katie, 2, was killed by a drunk driver on June 23, 2005. Bruch Lehmann lost her husband and best friend.

“I lost my dreams and our shared future,” she said. “‘Til death do us part’ was supposed to mean parting when we had been married for 50 years, not 10.”

“We were supposed to have shared our children’s triumphs and defeats. Gary was going to help the kids with their math and science homework while I was to help with the reading and rhetoric. Gary was supposed to teach his sons what it means to be a man. He was supposed to walk Katie down the aisle. And now he will do none of that.”

“Who is going to teach Katie how to play baseball?” asked 5-year-old David, when he heard of his father’s death.

What kind of a man was Gary? The day before the crash, he had to go to a work picnic. This day, like every other day, Gary was trying to balance the needs of his family with work. He knew his wife was overtired because their daughter was not sleeping.

To help Bruch out, Gary decided to come home at lunchtime and take the boys with him to the picnic. Not only did he do that, but he also took them out for ice cream and a round of miniature golf. Despite the fact that it had been a really busy week at work, Gary had taken the time to help the rest of the family out.

Gary was quite a family man — a father who was present in his kids’ lives. He worked through Christopher’s temper tantrums with

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from a victim's perspective

“I LOST MY DREAMS AND OUR SHARED FUTURE. ‘TIL DEATH DO US PART’ WAS SUPPOSED TO MEAN PARTING WHEN WE HAD BEEN MARRIED FOR 50 YEARS, NOT 10.”

Bruch Lehmann on the loss of her husband, Gary

tremendous patience and understanding. He included David in everything from riding the John Deere lawn tractor to playing gin rummy in a special way so that Gary and Christopher were really playing but David felt included. Katie was just getting to know her dad. She loved to sit on his lap and read Richard Scarry books in the way that only a 2-year-old can read Richard Scarry books — very slowly.

“Gary loved his children so much,” Bruch said. “It split my heart in two to know that he wouldn’t be here to see them grow up. They wouldn’t hear his quiet giggle and his gentle words of wisdom. They wouldn’t see the man who dedicated his professional life to teaching and research. They wouldn’t see the man who respected all points of view and never made snap judgments. They wouldn’t share any more time watching Yankee games, playing baseball, working in the garden or just plain goofing off in front of a corny John Wayne movie.”

Despite the hassles of every day life, Gary loved his life. He had so much left to give and so much left to do. He dreamed of traveling to the Canadian Rockies and the Scottish Highlands. He wanted to take his kids to ball games at Fenway Park and Camden Yards. He wanted to hike the Adirondacks with his family. It would break Gary’s heart to know he left his wife and kids. He loved them and did his very best to be there for each of them.

And his wife will never be the same again, either.

“I went places and expected that Gary would be there,” Bruch said. “I sat in his office at Binghamton University and listened to his outgoing voice mail message so I could hear his voice. I caught myself saying, ‘I’ve got to remember to tell that to Gary.’ I looked at pictures of him. I read the cards he gave me. For me and my children, this will never end for us.” ■



FAST FACT

PEOPLE WHO BEGIN DRINKING AT AGE 16 OR YOUNGER ARE MORE LIKELY TO BE DEPENDENT ON ALCOHOL THAN THOSE WHO BEGIN DRINKING AT 21 OR OLDER

The college policies on drinking

A DRUNKEN STUDENT AT THE University at Albany began smashing beer bottles and a desk chair in his suite, so administrators called the University Police. The officers subdued him, held him until he sobered up, then took him in handcuffs to Albany police headquarters where he stayed in a jail cell until his arraignment the next morning.

Eventually, as punishment, the University expelled him.

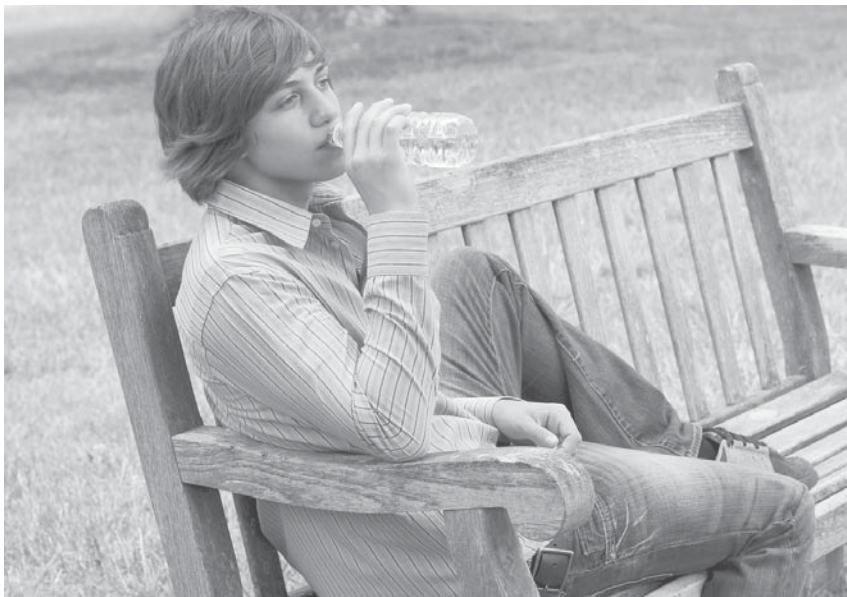
University at Albany administrators, like others in the area, say they now come down hard on underage drinking and disruptive drunken acts.

"You have people who think they are immortal or infallible," said one university administrator. "I have become an agent of reality."



As reports of binge drinking and false IDs have increased, colleges and universities throughout the Capital District have tightened their penalties in recent years. Siena College's student handbook spells out stiff fines for violations. Union College has tried to curb the excesses of its fraternity parties.

So, what really happens if you're caught drinking on campus? The chart on page 13 lists the rules for area colleges and universities — and the consequences of breaking them. ■



Brian, 18, recent high school graduate

"Most of my friends **RESPECT** that **I DON'T DRINK**. It's a personal thing for me. I feel I don't need to. It's a **WASTE OF TIME**."

DRINKING MAKES YOU FAT

3 beers



444 calories

calories **440**



2 beef tacos & small soda

from a victim's perspective

For complete campus alcohol policies visit the individual website listed for each institution

SCHOOL	GENERAL POLICIES	FRATERNITY POLICIES	RESIDENCES/ DORMS	IF CAUGHT DRINKING	IF CAUGHT WITH FAKE ID
UNIVERSITY AT ALBANY www.albany.edu	Persons under age 21 may not possess or consume alcoholic beverages at any time on the University campus. Open containers are banned and behavior that encourages or contributes to excessive alcohol consumption by another student is prohibited.	No policy available	Alcoholic beverages are not permitted in any freshman housing. Students age 21 or older and their guests in non-freshman areas may possess no more than 12, 12 ounce bottles/cans of beer (or the equivalent), or one liter of hard liquor or wine at one time.	If caught drinking (first offense): Students are referred to an alcohol education program, receive a behavioral letter (a non-referral), university disciplinary warning, or residence hall probation, notification of parents, community service.	If caught with fake ID: Under New York law, anyone under 21 years of age who uses fraudulent proof of age to obtain alcohol is guilty of a misdemeanor. This violation is punishable by a fine of up to \$100 and a community service requirement of up to thirty (30) hours.
RPI www.rpi.edu This policy listed on the RPI website was last updated in 1999.	Open containers are prohibited in all common areas. Kegs are prohibited except in areas having a NYS license for beer and wine service.	Fraternities and sororities must keep a registry of people who attend their parties. If the student attending is under 21, they must wear wrist bands.	Students may have alcohol in their own rooms if they are 21 or older.	Discipline can range from a warning to expulsion. Students can be banned from campus residence. An educational component is built into any violation.	Punishment varies with the level of the offense.
COLLEGE OF SAINT ROSE www.strose.edu	Possessing, consuming, distributing, furnishing or selling alcoholic beverages to/by students under age 21 is prohibited. Being under age 21 and in the presence of alcohol is prohibited. Kegs, beer balls, or large quantities of alcohol is prohibited.	There are no fraternities or sororities.	Small amounts of alcohol for personal consumption are allowed in a student's bedroom if the student is at least 21 years of age. The beverage(s) may not be consumed if any underage person is present.	Students found in violation of the colleges policies on alcohol and illicit drugs are subject to a hearing and possible disciplinary action. Sanctions will be assigned in accordance with the judicial procedures of the College and may vary depending upon circumstances.	An underage drinker who uses fraudulent identification is guilty of a violation punishable by a fine up to \$100 and community service of 30 hours. If the fraudulent identification is a New York State driver's license, the revocation of the license will be added to this penalty.
SKIDMORE COLLEGE cms.skidmore.edu	No one under age 21 may possess or consume alcohol. The college prohibits "open containers" in public spaces, mass-consumption containers of any kind, and does not tolerate drinking games in residential buildings, college events, or student parties.	There are no fraternities or sororities.	Alcohol is available only to those age 21 or older. A valid state or federal ID card and campus event card are the only forms of accepted proof of age. Students age 21 residing in Northwoods & Scribner Village may serve alcohol at parties.	There is a range of possible sanctions: warning, meeting with a college administrator, parental notification, fine, educational sanction (at student's expense), suspension from campus residence or the college and dismissal.	Possession of a forged driver's license is a felony; possession of a forged college ID is a misdemeanor. Penalties for presenting or manufacturing false ID include: meeting with a college administrator, censure, parental notification, educational sanction, fine, etc.
THE SAGE COLLEGES www.sage.edu	The primary laws regulating behavior related to alcohol is the Alcohol Beverage Control (ABC) Law and the Penal Law. Students at The Sage Colleges under the age of 21 may not purchase, nor possess with the intent to consume, alcoholic beverages. Open containers of alcohol are not permitted in public areas.	There are no fraternities or sororities.	In the Albany Campus Residence Hall, the use or possession of alcohol by any resident or guest, regardless of age, is prohibited. On the Troy Campus, students who are under 21 years of age may not consume alcohol in their residence hall rooms. Kegs or bulk containers are not permitted in the residence halls.	The Sage Colleges will impose disciplinary sanctions on students who violate the aforementioned standards of conduct. Among the sanctions which may be imposed on students are the following: warning, fine, parental notification, mandated alcohol/drug assessment, alcohol education, probation, community service, suspension, expulsion, or referral for prosecution.	
UNION COLLEGE www.union.edu	Open containers are not permitted outdoors on the campus. No students or student groups are to have alcohol delivered by distributors to campus. Only the college dining service is authorized to sell alcoholic beverages on College property unless a College approved third party vendor is secured by a host organization.	Students who are not of age may not possess or consume alcohol anywhere on campus including the residence halls. Residence halls are defined as all College-owned and administered living units located on and off the main campus including all fraternity houses, theme houses, Minerva Houses and apartments. The privilege of individuals or groups to consume alcohol in any residential building may be revoked at the discretion of the Office of Residential Life or the Dean of Students' Office.		While each disciplinary case is evaluated individually, students who put themselves at risk or who violate the Alcohol and Drug Policy or the Conduct Code while under the influence of drugs or alcohol can expect to face disciplinary charges through the student judicial system. If found in violation of the Conduct Code, disciplinary sanctions may range from a warning to expulsion, referral to law enforcement officials for investigation and criminal prosecution where applicable and students will be required to complete an educational experience. The educational experience may involve assessments, community service, attendance at an alcohol and substance abuse class, parental notification, and other individually assessed experiences.	
SIENA COLLEGE www.siena.edu	No alcoholic beverages may be sold anywhere on the campus or dispensed outdoors or in public areas except under direct supervision by food service. Alcoholic beverages may not be served at an event without specific approval of the administration.	There are no fraternities or sororities.	Alcohol is NEVER permitted in designed freshman living areas. Rooms/suites/townhouses where all students are under 21 years of age may never have alcohol even in the presence of a guest/visitor who is 21 years of age or older.	There is a range of possible sanctions: warning, fine, mandatory alcohol education course and/or substance abuse assessment, suspension from campus residence or the college and dismissal.	
HVCC www.hvcc.edu	No alcohol beverages may be brought, possessed or consumed on campus.	There are no fraternities or sororities.	All students are commuters. There are no residence halls.	Students who violate any campus regulation may be suspended or expelled from classes. For more information on the Student Code of Conduct, please refer to the HVCC College Catalog.	
SCCC www.sunysccc.edu	Except for appropriate classroom activities or approved student activities, the possession and/or consumption of any alcoholic beverage is a violation. Possession and/or consumption of alcoholic beverages by students participating in a college club or college sponsored trip or an off-campus activity is also prohibited.	There are no fraternities or sororities.	All students are commuters. There are no residence halls.	Any violation of the Student Code of Conduct may subject a student to disciplinary action with sanctions ranging from a reprimand to expulsion.	

Sex, guys and the drinking debate ...



Article courtesy of the Albany Times Union.

SAY YOU'RE A YOUNG GUY swigging back a nice cold brew.

What are you thinking about?

Sex? Yeah, probably sex.

But, if you're wearing beer goggles, it may not be the best time to deal with women.

"Alcohol definitely makes it easier to get hooked up, then sometimes, things escalate," says Michael, 20, a University at Albany junior. "I've never gotten a girl drunk on purpose to have sex with her, but one time I remember not feeling so good about what happened the next day. I wasn't even exactly sure what happened."

Sound familiar?

"Many male students feel a social pressure from other guys to be sexually active once they're in college, often before they may feel ready themselves," said a local Planned Parenthood representative. "So they get into risky situations. The more alcohol used, the more bad decisions happen."

"Drinking in college definitely helps you lose your inhibitions. It's like a hormone festival," says Peter, now 30, recalling what it was like when he was 18. "You go out with your buddies, get loaded, get laid."

John, 20, of Glens Falls, agrees. "I think it's easier to pick up women when you have a buzz on because it gives you that false sense of confidence. The women are more approachable, too, because they've got a buzz on. At the beginning of the party, people are far apart and dance far apart, but by the end of the party people are all over each other."

When men mix alcohol with sex, they face challenges that could get

90% OF SEXUAL ASSAULTS INVOLVE USE OF ALCOHOL EITHER BY THE PERPETRATOR OR VICTIM OR BOTH!

them into serious trouble: different than the problems young women may encounter, but difficult nonetheless. Studies have shown that young people who drink are more likely to have sex, have it at younger ages and have multiple partners. The potential for unhealthy, unsafe and unwanted outcomes for these young people is steep — they're more likely to get STDs, have unwanted pregnancies and face HIV infection.

There's also the chance that aggressive sexuality, fueled by alcohol, can turn into date rape — which could lead to jail or expulsion from college.

A GUY IN HIGH SCHOOL or in college is likely to be exploring sex and his own sexual identity. Some of them think the alcohol can help them fit in and make the awkward stuff about sex a little easier.

"The problem is that young men find themselves in these situations of drinking and sexual possibilities, but they don't have any negotiations or decision-making skills, and whatever little they may have is clouded by the alcohol," according to Planned Parenthood. So, young guys need to be very cautious about how much they drink. Otherwise, they could have one or two beers too many and end up with a terrible problem, changing their lives forever." ■

FACTS AND TIPS ABOUT ACQUAINTANCE/DATE RAPE

- **ONE OUT OF FOUR** college-age women will be victims of sexual assault at some point during their college careers.
- **NEARLY 90 PERCENT** of victims of a completed or attempted rape knew the offender.
- **57 PERCENT** of rapes happen on dates.
- Communication is important. **BE CLEAR** about your sexual limits.
- Most rapes take place in a private setting, like a home. **AVOID BEING ALONE** with someone that has been drinking or using drugs.
- Alcohol is involved in most acquaintance rapes. Don't **ABUSE ALCOHOL** and don't date anyone who does.
- **GO OUT IN GROUPS.** Don't let a friend leave a party with someone she doesn't know, especially if she has been drinking. If you need a ride, don't trust a stranger or new acquaintance. Call a cab, a friend or a relative.
- Take a rape **DEFENSE WORKSHOP** or class. Many organizations (hospitals, rape crisis centers, Planned Parenthood) and university health clinics offer these classes.



HOTLINES

For free and confidential services for victims of crime and sexual assault, including counseling, advocacy and support, information and referrals.

Albany Co. 447-7716

Columbia Co. 888-943-2472

Fulton Co. 866-307-4086

Montgomery Co. 866-307-4086

Rensselaer Co. 271-3257

Saratoga Co. 587-2336

Schenectady Co. 346-2266

Schoharie Co. 234-4949

Warren Co. 792-4305



Support Services

ALBANY COUNTY DIRECTORY OF ALCOHOL AND SUBSTANCE ABUSE SERVICES

Medical Detoxifications: St. Peter's Hospital
(Detoxification Unit)
(518) 525-1303
stpetershealthcare.org

Crisis Intervention: The Addiction's Care Center
at Albany — Chemical
Dependency Center
(518) 465-7388

SUPPORT GROUPS

WIDOW/WIDOWER

Delmar: St. Thomas Bereavement
Support Group
(518) 439-5439

BEREAVEMENT

On-line: GriefNet.org
A virtual community of persons dealing
with grief, death and major loss.

Albany: Blessed Sacrament
(518) 482-3066

Albany: St. Vincent's
(518) 489-5408
rcda.org/churches/stvincentdepaul

Colonie: St. Clare's
(518) 456-3112
www.stclares.nycap.rr.com

Latham: St. Ambrose
3rd Tuesday, 7:00 p.m.
(518) 785-1351, Ext. 25

Loudonville: Emerging Butterfly
St. Francis deSales-Dominic
(518) 458-7468

MISCELLANEOUS SUPPORT GROUPS

Anger Management: Catholic Charities
programs for victims
of domestic violence
and individuals who are
experiencing anger in their lives.
(518) 842-4202

Beginning Experience: A weekend experience
to help widowed, separated
& divorced people make a new
beginning in their lives.
(518) 459-1663

Community Hospice: For information on
support groups
(Living with Loss)
Albany — (518) 724-0200

Safeplace: Samaritans Suicide Prevention
Center for those who have
lost a loved one to suicide.
(518) 689-0080

Teen Support: A bereavement support program
for teenagers grades 9-12
Contact Community Hospice for schedule

Wave Riders: A bereavement support
program for children in
grades K-8.
Contact Community Hospice for schedule